

# **TIMETABLE**

**Version 2**

## **RHYTHMIC GYMNASTICS British Qualification Testing 2024**

**Lilleshall National Sports Centre**

**23<sup>rd</sup> – 24<sup>th</sup> March**

**\*Please note, this document has been published for guidance only.  
There will be no spectator admittance at this event.**

# British Gymnastics

Saturday 23 <sup>rd</sup> March								
JUNIORS	Warm Up	Ballet		Flexibility, S & C		Collation of Scores		No. Gymnasts
		Start	Finish	Start	Finish	Start	Finish	
Group A	08:45	09:30	10:10	10:10	11:10	11:10	11:25	6
Group B	09:25	10:10	10:50	10:50	11:50	11:50	12:05	6
Group C	10:05	10:50	11:30	11:30	12:30	12:30	12:45	6
Group D	10:45	11:30	12:10	12:10	13:10	13:10	13:25	8
Lunch								
GROUPS								
AC Crystal	12:30	13:15	13:40	13:40	14:10	14:10	14:25	5
AV Greenwich	12:55	13:40	14:05	14:05	14:35	14:35	14:50	5
CMRA Nebula	13:20	14:05	14:30	14:30	15:00	15:00	15:15	5
Phoenix	13:45	14:30	14:55	14:55	15:25	15:25	15:40	5
Oxford	14:10	14:55	15:20	15:20	15:50	15:50	16:05	5
Team Bath	14:35	15:20	15:45	15:45	16:15	16:15	16:30	5
Fylde Coast	15:00	15:45	16:10	16:10	16:40	16:40	16:55	5
Llanelli Dragons	15:25	16:10	16:35	16:35	17:05	17:05	17:20	5
Group E ( Espoir Ind from Groups)		16:35	17:15	17:15	17:55	17:55	18:10	6

Sunday 24 <sup>th</sup> March								
ESPOIRS	Warm Up	Ballet		Flexibility, S & C		Collation of Scores		No. Gymnasts
		Start	Finish	Start	Finish	Start	Finish	
Group G (Under 9/10)	08:30	09:15	09:55	09:55	10:55	10:55	11:10	8
Group H (Under 9/10)	09:10	09:55	10:35	10:35	11:35	11:35	11:50	8
Group I (Under 11/12)	09:50	10:35	11:15	11:15	12:15	12:15	12:30	8
Group J (Under 11/12)	10:30	11:15	11:55	11:55	12:55	12:55	13:10	6
End								

## JUNIORS

Group A- Evoke

Group B- Evolution, Fylde Coast, Hendon, LSA, Rhythmic Excellence, Team Bath

Group C- Devotion, West London

Group D- City of Canterbury, Freedom, Llanelli

## Individuals from Espoir Groups

Group E- Espoirs

## Pre-Espoirs

Group G- Anna's Gymnastics, A&V Rhythmic, City of Canterbury, Evoke, Finesse, Llanelli

Group H- Putney, Rhythmic Excellence, Surrey Hills, West London

## Espoirs

Group I- Anna's Gymnastics, Beacon, Devotion, Evoke, Evolution, Freedom

Group J- Llanelli, LSA, Nene Valley, Putney, Surrey Hills